



WELCOME TO

THE SCCAP CONFERENCE

University of Illinois, Chicago
June 6-7, 2025



AIRS In Review: Past, Present, and Future

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Johns Hopkins School of Medicine

Disclosures



- Elisabeth A. Frazier, PhD - Royalties from Springer book
- Alysha Thompson, PhD - Royalties from Springer book
- Jarrod M. Leffler, PhD, ABPP - Royalties from Springer books
- Rachel Schein, PsyD, HSP - Nothing to disclose
- Elizabeth K. Reynolds, PhD – Nothing to disclose

Agenda

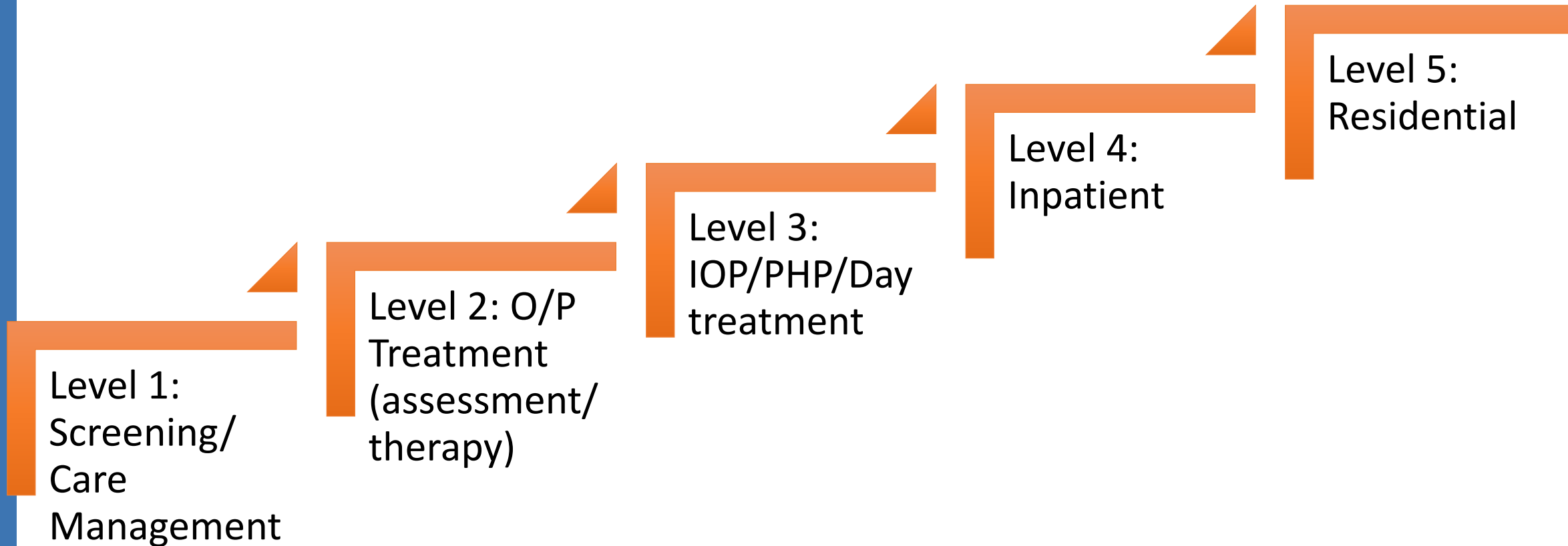


- How It Started
 - Background on AIRS programs and SIG formation
- How It's Going
 - Current programming, research dissemination, and resources
- Where to Next?
 - Future initiatives and ways to get involved
- Awards
- Networking

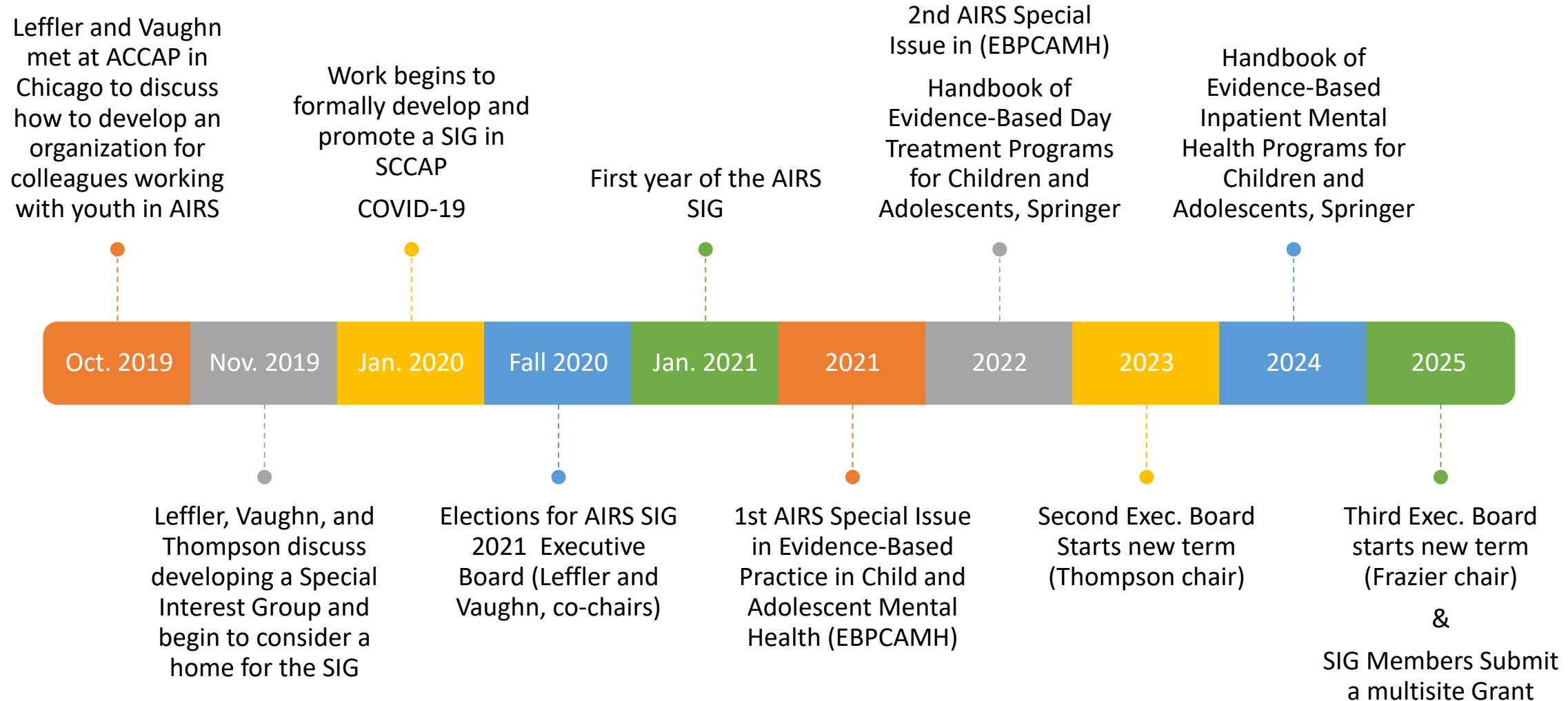


How It Started

Levels of Mental Healthcare for Youth



AIRS SIG Development & Timeline




Modification and Impact of COVID-19








(Leffler et al., 2021)



CLINICAL PERSPECTIVES

 Check for updates

Crisis Preparedness in Acute and Intensive Treatment Settings: Lessons Learned From a Year of COVID-19

Jarrold M. Leffler, PhD, ABPP , Cassandra L. Esposito, PhD , Elisabeth A. Frazier, PhD ,
Michelle A. Patriquin, PhD, ABPP , Meredith K. Reiman, PhD , Alysha D. Thompson, PhD ,
Carl Waitz, PsyD 

AIRS Founding Members



Feldblyum, Josh	Proctor, Kaitlin
Francis, Greta	Reynolds, Elizabeth
Frazier, Elisabeth	Schwartz, Eric
Gudmund, Gretchen	Thompson, Alysha
Leffler, Jarrod	Waitz, Carl
McGee, Madeline	Walker Lowry, Kelly
Patriquin, Michelle	Walters, Anne



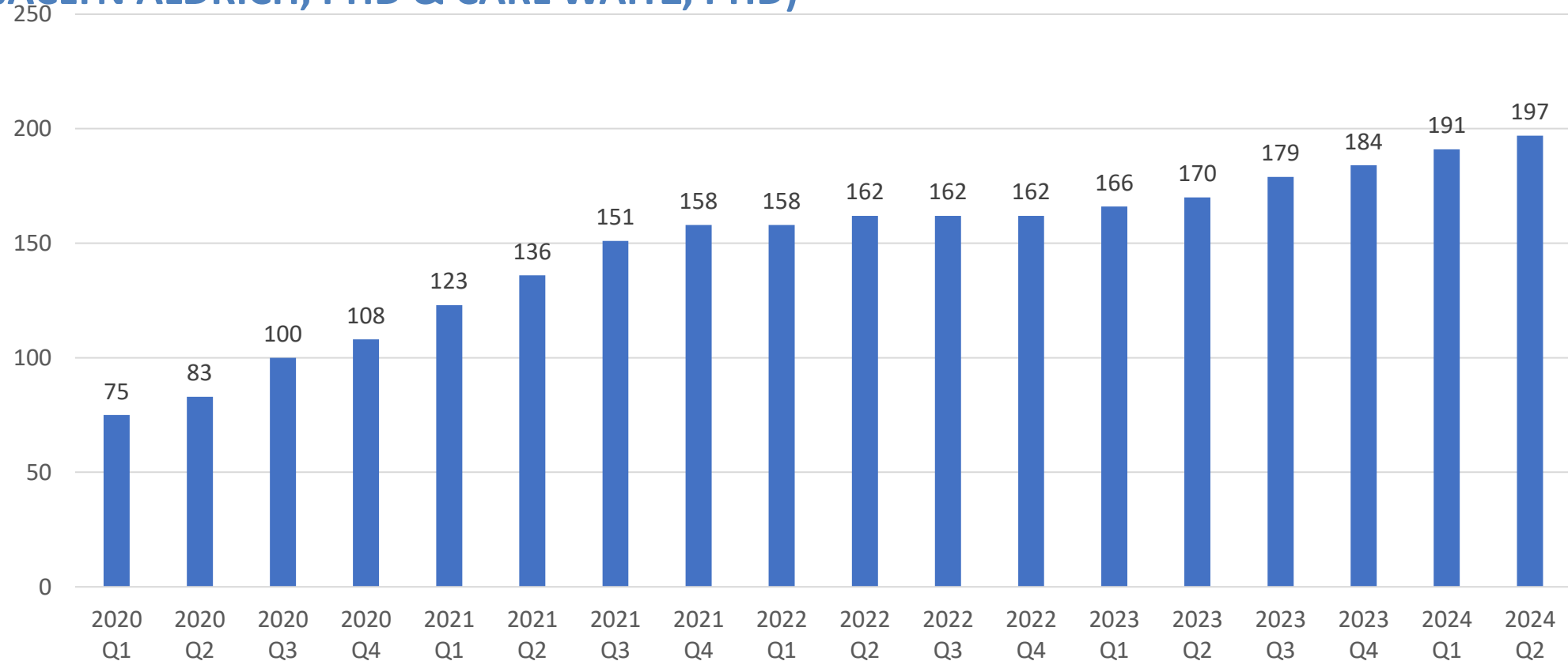
How It's Going



AIRS Membership Survey

End of 2023 – Beginning of 2024; n=45

(JACLYN ALDRICH, PHD & CARL WAITZ, PHD)



Institutional Representation



Brown University

The Ohio State University

Long Island Jewish Medical Center

University of Colorado School of Medicine

Children's Hospital of Richmond

Eastern Virginia Medical School

GBMC Emergency Department

Harvard Medical School

McGovern Medical School

Northwestern University

Private Practice

University of Cincinnati

University of Missouri-Kansas City

University of Rochester Medical Center

University of Utah

University of Washington

UT Southwestern

Bradley Hospital

Cincinnati Children's Hospital

Nationwide Children's Hospital

Boston Children's Hospital

Chicago School of Professional Psychology

Children's Hospital Colorado

Children's National Hospital

Northwell

Child Study & Treatment Center

Children's Medical Center

Children's Mercy Hospital

Golisano Children's Hospital

Hasbro Children's Hospital

Hunstman Mental Health Institute

Johns Hopkins Medical Center

Lurie Children's Hospital

Rogers Behavioral Health

Seattle Children's Hospital

State of Maryland

The Children's Hospital of The King's Daughters

University of Rochester Medical Center

UT Health Science Center at Houston

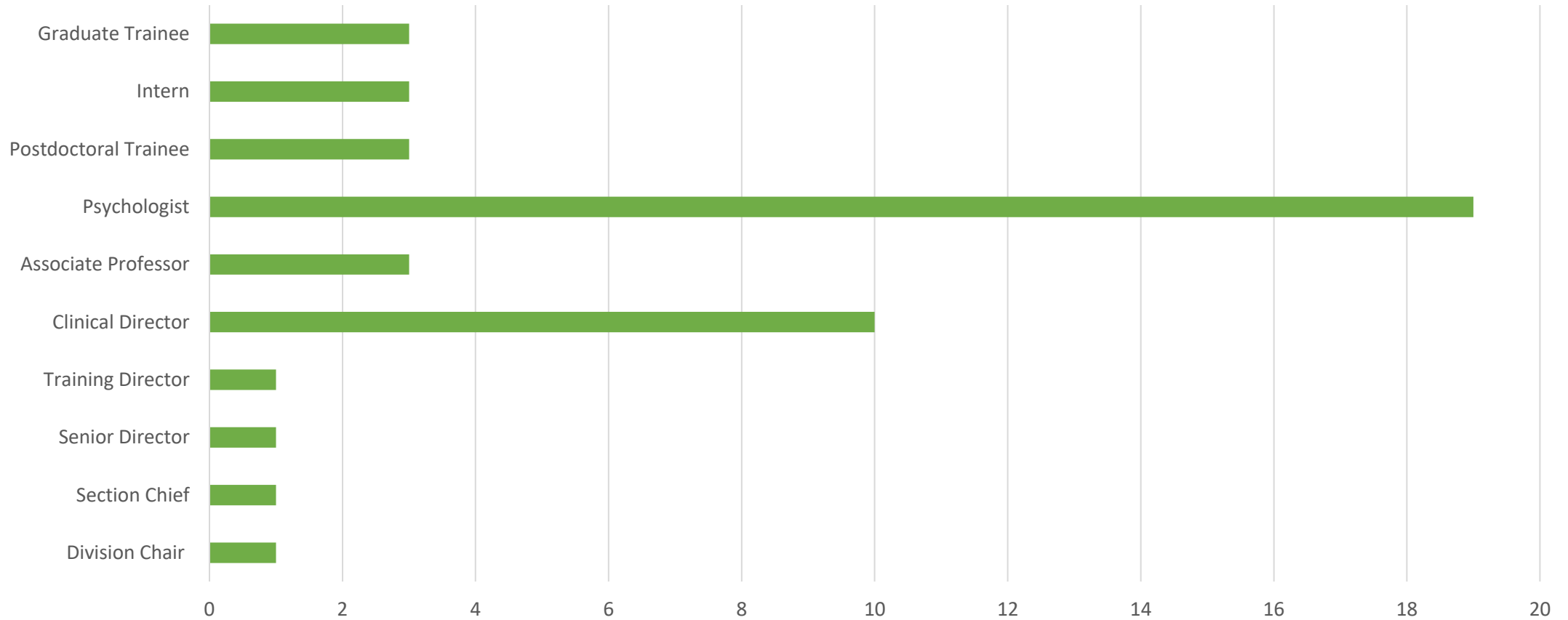
Virginia Treatment Center for Children (VCU)

<https://EffectiveChildTherapy.org/>

2023-2024 AIRS Membership Survey

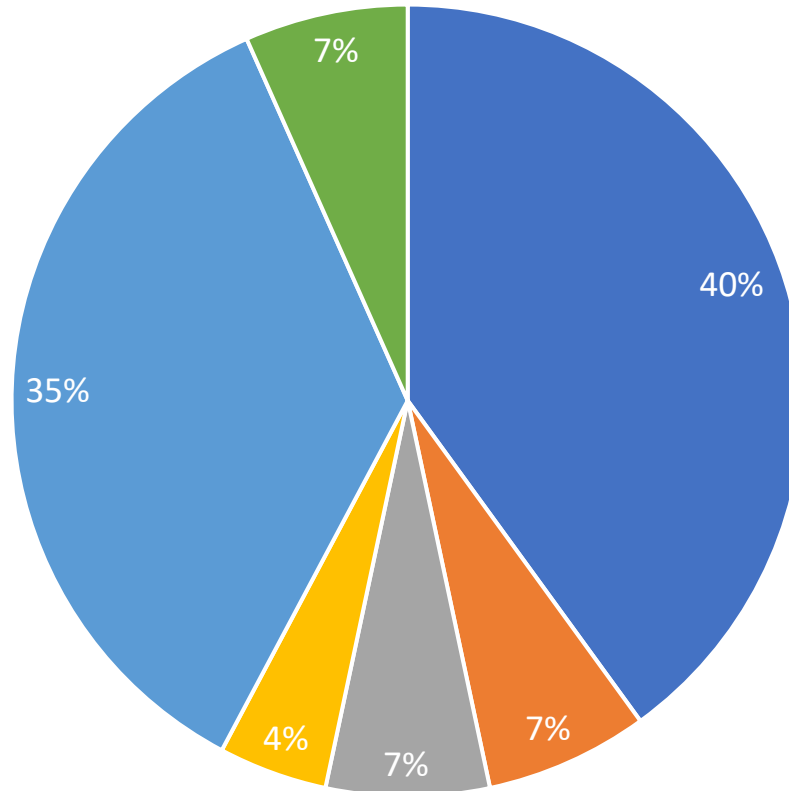


Primary Titles



2023-2024 AIRS Membership Survey

Career Stage

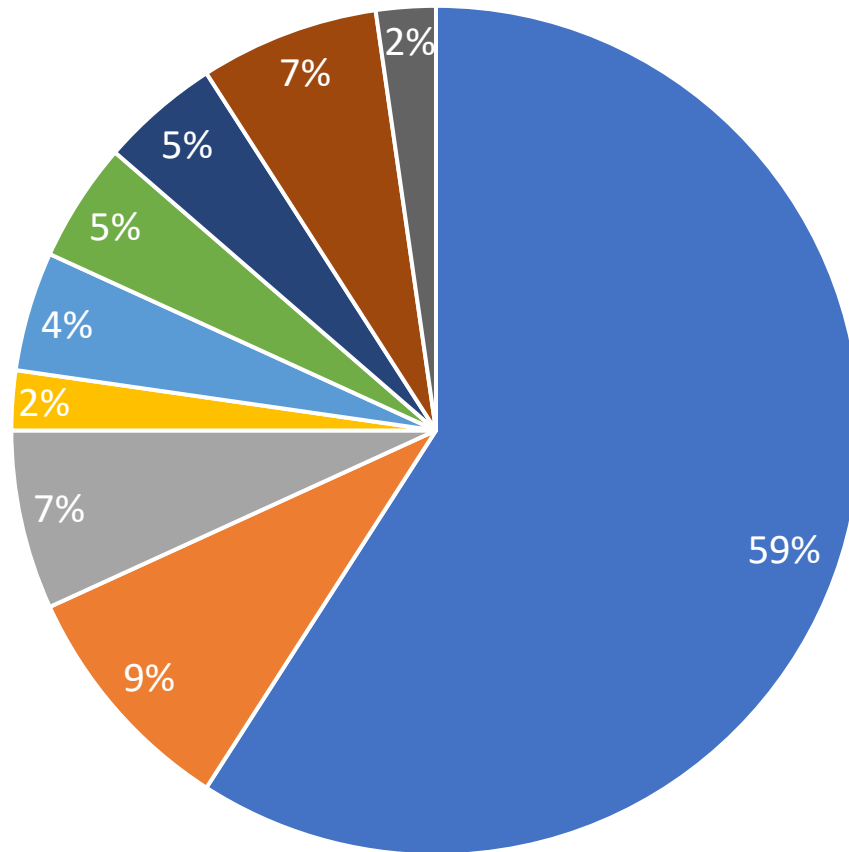


- Early Career (within 10 years of doctoral degree)
- Graduate Student (pre-internship)
- Intern/Resident
- Late Career (25 - 35 years since doctoral degree)
- Mid Career (11 - 25 years since doctoral degree)
- Postdoc/Fellow

2023-2024 AIRS Membership Survey



Treatment Settings



- Acute Inpatient Psychiatry
- Inpatient Consultation/Liaison
- Residential Treatment
- Intensive Outpatient Program
- Partial Hospitalization Program
- Outpatient (Stabilization/Acute)
- University Clinic
- Academic/Academic Medical Center
- Juvenile Justice



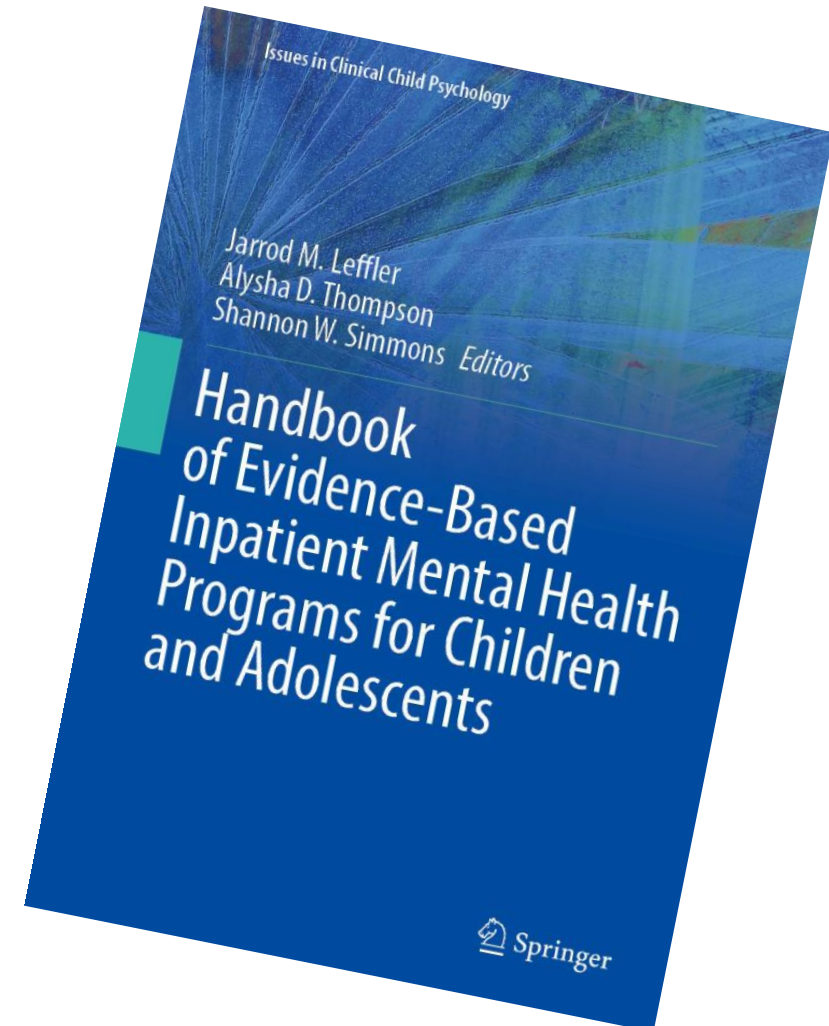
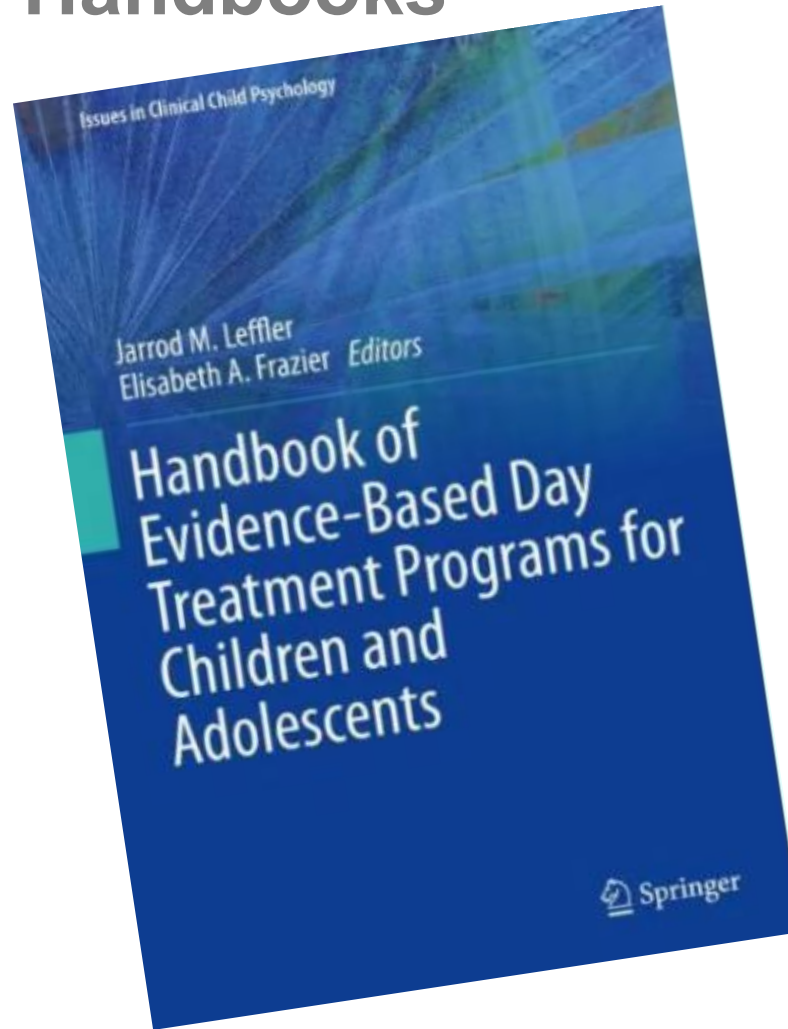
AIRS Resources

Connection, Networking, and Mentorship

- Listserv
- Website
- Newsletter
- Consultation Groups
 - Early Career Consultation Group
 - Med-Psych Consultation Group
 - Leadership in AIRS
- Coffee Hours (several a year focused on training, practice, science, and advocacy)
- Equity and Community
- Clinical
 - PBIS Milieu based interventions
 - De-escalation Interventions
 - Evidence-based treatment interventions
- Research Collaborations
- Trainee Resources
- SIG Information Meeting at APA

AIRS Resources

Clinical Handbooks



<https://www.sccap53.org/>

<https://EffectiveChildTherapy.org/>

AIRS Resources

Evidence-Based Practice in Child & Adolescent Mental Health (EBPCAMH) Journal

Two special issues on assessment and treatment in AIRS (Leffler et al., 2021; Thompson et al., 2022)



Introduction

Introduction to the Second Special Issue: Acute, Intensive, and Residential Services

Alysha D. Thompson , Jarrod Leffler & Aaron J. Vaughn



Pages 399-402 | Published online: 26 Oct 2022

EVIDENCE-BASED PRACTICE IN CHILD AND ADOLESCENT MENTAL HEALTH
2021, VOL. 6, NO. 4, 421-423
<https://doi.org/10.1080/23794925.2021.1996301>

 **Routledge**
Taylor & Francis Group



Acute, Intensive, and Residential Services (AIRS) for Youth: Introduction to Special Issue

Jarrod M. Leffler , Aaron J. Vaughn^{a,c}, and Alysha D. Thompson 

^aDepartment of Psychiatry and Psychology, Mayo Clinic, Rochester, Minnesota, USA; ^bCincinnati Children's Hospital and Medical Center, Ohio, USA; ^cCollege of Medicine, University of Cincinnati, Ohio, USA; ^dDepartment of Psychiatry and Behavioral Medicine, Seattle Children's Hospital, Washington, USA; ^eDepartment of Psychiatry and Behavioral Sciences, University of Washington, Seattle, USA

AIRS Legislative Advocacy



- Washington State – 2020-2023 – multiple bills to ensure Partial Hospital Programs are a Medicaid covered benefit
- Washington State – 2023-2025 – multiple bills to create a multiagency team reporting to the Governor's office, responsible for timely placement of youth who have barriers to discharge in emergency departments or inpatient psychiatry facilities



Scientific Contributions by AIRS Members

Books/Chapters

Leffler, J.M., Thompson, A.D., & Simmons, S. (2024). Handbook of Evidence-Based Inpatient Mental Health Programs. Springer

Leffler, J.M., Thompson, A.D., & Simmons, S. (2024). The Function and Evolution of Child and Adolescent Inpatient Psychiatric Hospitalization. In J. M. Leffler, A. D. Thompson, & S. Simmons (Eds.) Handbook of evidence-based inpatient mental health programs for children and adolescents (pp.3-15). Springer Publishing Company.

Hawks, J., Moore, M., & Leffler, J.M. (2024). Developing and engaging milieu staff on child and adolescent inpatient psychiatric units: Impact and management of staffing factors. In J. M. Leffler, A. D. Thompson, & S. Simmons (Eds.) Handbook of evidence-based inpatient mental health programs for children and adolescents (pp.135-154). Springer Publishing Company.

Leffler, J.M., & Shekunov, J. (2024). Assessment and Treatment of Mood Disorders in Child and Adolescent Inpatient Mental Health Settings. In J. M. Leffler, A. D. Thompson, & S. Simmons (Eds.) Handbook of evidence-based inpatient mental health programs for children and adolescents (pp.277-295). Springer Publishing Company.

Leffler, J.M., Shekunov, J., & Judy, A. (2024). Integrating caregivers into inpatient psychiatric hospitalization treatment for children and adolescents: Strategies for navigating and engaging in services. In J. M. Leffler, A. D. Thompson, & S. Simmons (Eds.) Handbook of evidence-based inpatient mental health programs for children and adolescents (pp.335-357). Springer Publishing Company.

Thompson, A.D., Lovelace, J., Boetler, E., Bertollo, J., Ramasamy, R.S., Curry, G., Gallik, C., Wade, A., Castro, J., Simmons, S.W., & Leffler, J.M. (2024). Seclusion and restraint in inpatient psychiatry: History and best practices. In J. M. Leffler, A. D. Thompson, and S. Simmons (Eds.) Handbook of evidence-based inpatient mental health programs for children and adolescents (pp. 81- 101). Springer Publishing Company.

Thompson, A.D., Simmons, S., & Leffler, J.M. (2024). Future Directions in Inpatient Mental Health Care for Children and Adolescents. In J. M. Leffler, A. D. Thompson, and S. Simmons (Eds.) Handbook of evidence-based inpatient mental health programs for children and adolescents (pp 459-469). Springer Publishing Company.



Scientific Contributions by AIRS Members

Books/Chapters

Waitz, C., Westheimer, J., Leffler, J.M., & Patriquin, M.A. (2024). Disaster preparation and effects on inpatient psychiatric care. In J. M. Leffler, A. D. Thompson, and S. Simmons (Eds.) Handbook of evidence-based inpatient mental health programs for children and adolescents (pp 103-117). Springer Publishing Company.

Leffler, J.M. & Frazier, E. (Eds.) (2022). Handbook of Evidence-Based Day Treatment Programs for Children and Adolescents. Springer, Switzerland, AG.

Leffler, J.M., & Frazier, E. (2022). Introduction and Overview of Day Treatment Programs. In J.M. Leffler and E. Frazier (Eds.), Handbook of Evidence-Based Inpatient Psychiatric Hospitalization Programs for Children and Adolescents. Springer, Switzerland, AG.

Leffler, J.M., Schwartz, E., & Hayden, B. (2022). Program Development and Administration in Day Treatment Settings. In J.M. Leffler and E. Frazier (Eds.), Handbook of Evidence-Based Inpatient Psychiatric Hospitalization Programs for Children and Adolescents. Springer, Switzerland, AG.

Leffler, J.M., Zelic, K.J., Kruser, A. (2022). Child and Adolescent Integrated Mood Program. In J.M. Leffler and E. Frazier (Eds.), Handbook of Evidence-Based Inpatient Psychiatric Hospitalization Programs for Children and Adolescents. Springer, Switzerland, AG.

Rech, M.E., Lovelace, J., Kale, M., Leffler, J.M., & Patriquin, M.A. (2022). The History and Purpose of Day Treatment Programs. In J.M. Leffler and E. Frazier (Eds.), Handbook of Evidence-Based Inpatient Psychiatric Hospitalization Programs for Children and Adolescents. Springer, Switzerland, AG.

Leffler, J.M., Clarke, S. & Peris, T. (2022). Strategies to Navigate Day-Treatment Services and Follow-up Plans: A Guide for Families and Providers. In J.M. Leffler and E. Frazier (Eds.), Handbook of Evidence-Based Inpatient Psychiatric Hospitalization Programs for Children and Adolescents. Springer, Switzerland, AG.



Scientific Contributions by AIRS Members

Conference Presentations

Jasmine Ghannadpour, J. Eating. Disorders. International Academy of Child and Adolescent Psychiatry and Allied Professionals (IACAPAP) conference in Rio de Janeiro, Brazil

Hawks, J., Leffler, J.M., Reynolds, E., Codd, E., Luehring, M., & Thompson, A. (2024). Development and implementation of evidence-based practices for inpatient psychiatric care settings. Association for Behavioral and Cognitive Therapies 53rd Annual Convention

Leffler, J.M. (discussant) (November 2022). The Collateral Consequences of COVID-19: Psychological & Behavioral Sequelae among Psychiatrically Acute Adolescents. Association for Behavioral and Cognitive Therapies 52nd Annual Convention, New York, NY.

Leffler, J.M. (August 2022). Engaging Caregivers in Acute Treatment Programs: An Overlooked Problem. American Psychological Association Annual Convention, Minneapolis, MN.

Roberts, L. & Moran, J. "Developing and Implementing an Integrative Therapeutic Program for Acute Pediatric Psychiatry Units"

Tebbett-Mock, A. Saito, E. (2023, October). The Effects of Pandemic on Aggressive Behavior in Acute Care Adolescent Psychiatric Units. Poster presented at the annual conference of the American Academy of Child and Adolescent Psychiatry, New York, NY.
ABCT

Gelman, D., deSteiguer, A., Hedrick, M., & Frazier, E. (2021). *Parent Distress is Associated* with Adolescent Outcomes in a Partial Hospital Setting. Annual Convention of the Association for Psychological Sciences,

Gelman, D., Hedrick, M., Frazier, E. (2022, March). *Mental Health Disparities Between Gender Sexual Minorities and Heterosexual Youth Presenting to an Adolescent Partial Hospitalization Program*. Annual convention of the Eastern Psychological Association (EPA), New York, NY.

Chaudhrey, N., Frazier, E.A., Hallsworth, E., & Rawlings, S. (2023, August). *Intensive programming for adolescents via telehealth: How Bradley REACH @ Apalachee Center's virtual PHPs and IOPs expand the behavioral health continuum of care*. Florida Behavioral Health Conference, Orlando, FL.



Scientific Contributions by AIRS Members

Conference Presentations

Waitz, C. *Understanding the Youth Mental Health Crisis: Bringing Theory to Public Health*. American Psychological Association Annual Convention

Waitz, C., Leffler, J.M., Vaughn, A., Wolff, J., Thompson, A. (August 2023). *Helping or Harming?: Effectiveness and iatrogenesis in child/adolescent inpatient psychiatry units*. American Psychological Association Annual Convention, Washington, D.C.

Waitz, C, Thompson, A.D., Leffler, J.M., & Vaughn, A.J..(August 2024). *Health Equity for Youth in Inpatient Psychiatric Services for Children and Adolescents*. American Psychological Association Annual Convention

May, E., Frazier, E., Beaudoin, G., Marcus, M., Hedrick, M. (April, 2024). *Feasibility of a Virtual Partial Hospitalization Program for Adolescents*. Society for Research on Adolescence, Chicago, IL.

Van Kirk, N., Schein, R., Leffler, J.M., & Fraire, M. (April 2024). *Building competence in acute/intensive care training programs [Symposium Presentation]*. Anxiety and Depression Association of America 2024 conference, Boston, MA.

Upcoming Symposium!

Monitoring PBIS Fidelity on Child and Adolescent Inpatient Psychiatry Units



Scientific Contributions by AIRS Members

Peer Reviewed Publications

Hodgson, C., Krishna, R., & Akasaka, K. (2024). Milieu Management and Therapeutic Groups in Inpatient Child and Adolescent Psychiatry Units. *Child and Adolescent Psychiatric Clinics of North America*.

Tebbett-Mock, A., Saito, E., Tang, S., McGee, M., Van Meter, A. (in press April 2024). The Mental Health Toll of the COVID-19 Pandemic on Adolescents Receiving Inpatient Psychiatric Treatment, *Journal of Child and Adolescent Psychopharmacology*.

Waitz, C., & Bekkeli, K. (2024). Psychoanalytically informed care and behavioral medicine: Consideration and recommendations for evidence-based practice in institutions. *Psychoanalytic Psychology*, 41(1), 1–7.

Waitz C, Caracansi A, Kaufman K, Campbell E, Anglemeyer E, Anglero-Diaz Y, Paden S, Zou B, Ibeziako P. Implementing patient-reported outcome measures on an adolescent inpatient psychiatry unit: A feasibility study. *Psychol Serv*. 2024 Mar 14. PMID: 38483486.

Garibaldi, P., Kisiel, C., Castillo, A., Mitchell-Adams, H., & Jordan, N. (2024). Direct care staff vacancies and adverse youth events in Illinois child welfare residential treatment during the COVID-19 pandemic. *Residential Treatment for Children & Youth*, 1-21.

Waitz C, Wolff JC, Leffler J, Thompson A, Vaughn AJ, Schuller C, Paden S, Tebbett-Mock A, Ugueto AM, Zlotnik A, Esposito C, Rajendra G, Reynolds EK. Surveying Child and Adolescent Inpatient Psychiatric Units: Demographics, Policies, and Practice. *Evidence-Based Practice in Child & Adolescent Mental Health*. 2024;1-13.

de Steiguer, A., Frazier, E.A., and Hedrick, M. (2021). Adverse Childhood Experiences (ACEs) and Mental Health in an Adolescent Partial Hospital Program. *Evidence-Based Practice in Child & Adolescent Mental Health*.

May, E. M., Frazier, E. A., Hedrick, M. A., Marcus, M. D., & Beaudoin, G. B. (2024). Feasibility and acceptability of a virtual partial hospitalization program for adolescents. *Translational Issues in Psychological Science*, 10(2), 203.

Marcus, M. D., May, E. M., Beaudoin, G. B., Frazier, E. A., & Hedrick, M. A. (2025). The Impact of Pathway of Care on Treatment Outcomes in Adolescent Partial Hospitalization Programs. *Journal of Emotional and Behavioral Disorders*, 10634266241311559.

Friesen, S. & Sommerhalder, M. (2025). Clinical perspective on Positive Behavior Interventions and Supports, a promising framework for enhancing equity in acute care psychiatric settings [Manuscript submitted for publication]. *Journal of the American Academy of Child and Adolescent Psychiatry*.



Where to Next?

AIRS Next Steps

Ongoing Initiatives



Ways to collaborate with colleagues

- Research
- Consultation
- Networking and mentoring (ECPs)



Information directories

- Unit/Program procedures and practices
- Publication/research
- Evidence-based practices
- Referral directory
- Resources/handouts for families



Job-related

- Job postings
- Training opportunities
- Relevant CEU, conferences, award information



Training

- Program directory
- Program information

AIRS Next Steps

Come Join the Fun!



- Growth
 - Membership
 - Collaborations with other Task Forces, Work Group, SIGs, and Professional Organizations
- Clinical Programing
 - Milieu based care models
 - Transporting and implementing evidence-based treatment



- Research
 - Developing and growing current and new collaborations
 - Nuances of conducting research in AIRS (e.g., data sets, IRB approval, comparison groups, etc.)
- Equity and Community Building
- Training Competencies
 - Unique demands of training in AIRS
- Clinical and Training Resources

Thank You AIRS SIG Leadership!



- Jarrod Leffler, PhD, ABPP
- Aaron Vaughn, PhD
- Alysha Thompson, PhD
- Elisabeth Frazier, PhD
- Jennifer Wolff, PhD
- Nathaniel Van Kirk, PhD
- Elizabeth Reynolds, PhD
- Carl Waitz, PsyD
- Ashley Warhol, PsyD
- Cassandra Esposito, PhD
- Mackenzie Sommerhalder, PhD
- Jaclyn Aldrich, PhD
- Jennifer Hellmuth, PhD
- Meredith Reiman, PhD
- Katelyn Affleck, PhD
- Michelle Patriquin, PhD, ABPP
- Leyla Erguder Kaplan, PhD
- Linda Oshin, PhD
- Caroline Hodgson, PhD
- Stephanie Clarke, PhD
- Rachel Schein, PsyD
- Kelly Walker Lowry, PhD
- Kristin Scott, PhD
- Kimberly Schubert, PhD
- Patricia Garibaldi

Congratulations to the 2025 AIRS Awardees!



2025 AIRS Distinguished Professional Contributions Award

Elizabeth K. Reynolds, PhD

2025 AIRS Distinguished Early Career Psychologist Professional Contributions Award

Mackenzie S. Sommerhalder, PhD

2025 AIRS Distinguished Student Contributions Award

Ashley A. Brooks, PsyM

2025 AIRS Outstanding Student Poster Award - “Identifying Adolescents at Risk for Acute Psychiatric Rehospitalization: A Two-Year Survivor Analysis”

Logan R Cummings, PhD, Kyle R Noll, PhD, Alia R Warner, PhD, Daniel Dickstein, MD, Ana M. Ugueto, PhD



Thank you!
Questions?